



## Video Resources about Adverse Childhood Experiences, Trauma and Resilience

Speaker or Producer	Talk Title, Link and Reference	Notes and Key Themes
Nadine Burke-Harris	TEDMED – “ How childhood trauma affects health across a lifetime”	Published Feb. 2015 16:02 minutes “dose response relationship between ACEs and health outcomes” Not just bad behavior – brain development. Sensitivity of children to repeated stress activation - toxic stress.
Benjamin Perks	TEDx Podgorica - “How do we Stop Childhood Adversity from Becoming and Life Sentence?”	Published March 2015 15:53 minutes Includes a video of child witness to family violence – walks audience through process of “scoring” child using ACEs. Info graphic shows classroom of children reinforces the prevalence of ACEs.
Allison Jackson	TEDx RVA “A Call to Connection: Making Childhood Trauma Personal.”	Published May 2016 9:59 minutes Focus on the ability of each of us to make a difference in the everyday lives of someone else. Silence means consent.
Pam Wessel-Estes	You Tube “Personal and Parental Reflections on Adverse Childhood Experiences “	Published April 2014 8:08 minutes Shows parents sharing reflections of their own experience with ACEs and breaking the cycle of harm as they become parents themselves.



Speaker or Producer	Talk Title, Link and Reference	Notes and Key Themes
<p>Michele Fallon Sara Langworthy</p>	<p>You Tube "Trauma Sensitive Practice in Schools"</p>	<p>Published December 2014 4:43 minutes University of Minnesota Extension – Children, Youth and Family Consortium Explains brain development and the impact of chronic stress on the thinking and planning of young children. Offers ideas for teacher practices.</p>
<p>Charles Hunt</p>	<p>TEDxCharlotte  What Trauma Taught Me About Resiliency</p>	<p>Published November 2016 14:22 Speaks from his personal experience with childhood trauma and the power of humanity to overcome hardship. He discusses coping mechanisms and the need for support systems. He discusses how resilience is a learned trait rather than natural born.</p>
<p>Lauren Book</p>	<p>TEDxOxford  From Victim to Survivor: Find your X... but First, find your (Wh) Y?</p>	<p>Published April 2016 21:02 Speaks of her childhood trauma and challenges experiencing physical, sexual and emotional abuse at the hand of a caretaker. She embraces the shift from victim to survivor. She also discusses society's view of child protection issues and the importance of removing stigma of these dark issues. Book raises the importance of advocacy and prevention that we protect childhood as well as the children living it.</p>
<p>Dr. Robert Ross</p>	<p>TEDxIronwood State Prison  "When Time Doesn't Heal All Wounds"</p>	<p>June 2014 13:08 Emphasis on correctional setting, Dr. Ross discusses the need to discuss trauma and the impact it can have on one's health.</p>



Speaker or Producer	Talk Title, Link and Reference	Notes and Key Themes
Turnaround for Children	The Science of Adversity	November 2016 9:41 Pamela Cantor, M.D., President of Turnaround for Children, explains the sciences of ACEs and has an emphasis on the public school system. She articulates the brain science and impact of ACEs as it correlates to poverty and academic achievement.

## Talks on related subjects

### *Caregiver Burnout, Secondary Trauma*

Speaker or Producer	Talk Title, Link and Reference	Notes and Key Themes
Laura Van Dernoot Lipsky	TedxWashington Corrections Center for Women  "Beyond the cliff"	April 2015 19:20 Laura offers a description of the cumulative toll that trauma can have when experienced in a professional setting. She drives into the hard distinction between trauma we experience and internalizing this. She offers a call to caregivers to take help and develop work/life balance.
Amy Cunningham	TEDxSanAntonio  Drowning in Empathy: The Cost of Vicarious Trauma	Published April 2016 12:10 She discusses her personal experience with vicarious trauma and caregiver capacity. She discusses the role that STS has within the helping professions. She expands this outside of burn out and compassion fatigue, and discusses options for seeking help.



Speaker or Producer	Talk Title, Link and Reference	Notes and Key Themes
Dr. Geri Puleo	TEDxSetonHillUniversity  "Burnout and post-traumatic stress disorder"	Published March 2014 20:40 Dr. Puleo distinguishes between burnout and post-traumatic stress disorder. She studied extensively what causes and maintains burnout, and discovered that these two conditions are very similar. She provides tools to recognize when burnout occurs early, so that turnover and high cost workplace issues can be mitigated. Specifically she addresses the issue of Burnout During Organizational Change (B-DOC).

*Leadership and Managing/Embracing change*

Speaker or Producer	Talk Title, Link and Reference	Notes and Key Themes
Gib Bulloch	TEDxPlainpalais Be the Change You Want to See in Your Company	Published March 2013 17:11 Discusses how small actions for the better at large organizations can change company culture and service for the better. He emphasizes that it doesn't take a radical change to do more ethical, evidence-based work. He calls upon the private sector and its extensive abilities to be a player in global change.
Joseph Grenny	TEDxBYU Change Behavior – Change the World	Published April 2013 18:40 Genny tells the story of Jane from Kenya and uses his lens as a behavior change expert to discuss the power of making positive adjustments for the better. He discusses even when behavior change is difficult; it is can be doable and necessary. He discusses how transformation doesn't have to be fast, and



Speaker or Producer	Talk Title, Link and Reference	Notes and Key Themes
		the simple science of change management.
Rosabeth Moss Kanter	TEDxBeaconStreet Six Keys to Leading Positive Change	Published January 2013 17:35 As a leadership expert and Harvard professor, Rosabeth Moss Kanter creates a 6-step process for preparing leadership to make a difference in the world and workplace. She uses dynamic examples of great leaders and ordinary people to exemplify her six success factors. Her talk inspires people to lead and take action.
Heather Stagl	TEDxGeorgiaStateU How to Deal with Resistance to Change	Published June 2015 10:45 As a change advocate, Heather Stagl encourages viewers to reexamine resistance. She is an author, radio host, blog writer and business owner all focused around change implementation and management. Her suggestions include coaching, workshops and training programs that create buy-in.
Nancy Giordano	TEDxAustin  Leading Change with Humble Audacity	Published February 2013 9:56 The concept of humble audacity raised by brand strategist, Nicole Giordano allows today's leaders to unleash potential among their workplaces. She discusses the pain versus potential balance of embracing change, though it might be painful. While leaders are shown the potential of an organizational change, and, yet, reluctant to grab opportunities and change for the better.