



Tristate Trauma Network
Building hope through system transformation

February 2018 - TTN Winter Newsletter

Greetings!

Happy Valentine's Day! Love is in the air and that's a good thing for trauma. The research behind connection to others and how that helps us all fare better in life is vast. Love heals, love leads to longevity, and love just feels good. Who doesn't have a little more sparkle in their eyes and spring in their step when they're "in love" or when they give or receive love in any way? I read an article recently that said that the "broken heart" is a real phenomenon. Of course it is because we FEEL feelings in our bodies. It's been well-established at this point that trauma causes a whole host of health problems. So what mitigates that? Attachment for one. Attachment is one of the biggest resilience factors we have. We are social beings and we need one another for many things, so let's capitalize on that and be there for one another in times of need. Or anytime.

How many people will you "tell" you love them today, this holiday of love? Words of love and acts of love go such a long way. Let's spread them far and wide. Thank you for being a part of this network, which is now over 100 members strong. It's great we are "attached" to each other.

Sincerely,

Melissa Adamchik, Executive Director

P.s. Save the Date for our **Next Quarterly Meeting on Tuesday, March 20th, 2-4pm at Interact for Health**. Invitations will be sent out as soon as the guest speakers and agenda are finalized. We have some great things in store for you! **Reminder: Because of our membership growth and as outlined in the 2018 Member benefits you'll find at the bottom of this newsletter, this is a Members only event. You must be a member to attend or be a guest of a member. One more reason to join!**

Yoga and Trauma Resolution 6-week Series Starts in Just 2 Weeks!
Are you registered?

There are about 10-15 spots still available for this series being

led by Anne Minter, Certified Yoga Instructor and Adjunct Professor at Miami University. Classes are being held 6 consecutive Wednesdays from 6:30-8:30pm at Interact for Health, starting February 28th. Thanks to special funding from Interact for Health, the cost is just \$60 (check) or \$65 (credit card) for the entire series. It's such a great deal for 12 hours of experiential instruction with accompanying research materials. Join us!



[Yoga and Trauma Resolution Link on Our Events Page](#)

TTN Teams Up with Emerald Entertainment on their Theatrical Production "Trauma Denied" on March 29th!

I have been blessed to have been contacted by local playwright, Greg Stallworth and his company, Emerald Entertainment, to help support the production of a two-act play entitled "Trauma Denied" on **March 29th at 7:30pm at the Fairfield Community Arts Center**. I visited the center and met with Greg, the theatre's administrator (Heidi), and one of the actresses (Teresa Reisenberg) last week to plan this event, and continue to feel humbled by this great opportunity to help spread awareness of trauma to the community at-large. See below for a synopsis of the play. Tickets will go on sale to the public on February 20th though the Fairfield Community Arts Center's website: [Fairfield Community Arts Center](#)

Trauma Denied Synopsis

Back in 2018 By Popular Demand! "*Trauma and Dissociation*" April 10, 2018 at Life Learning Center in Covington, KY

Registration is opening today for this training led once again by Dawn Hinton, LPCC, local practitioner and Dissociative Disorders specialist. Be the first to register and secure your place. Cost is \$85 for non-TTN Members, with TTN Members receiving a \$10 discount by entering their Membership code into the "Promo Code" field and hitting the "Apply" button next to it. If you're unsure if your agency has a membership, check out our [Members page](#). You'll find full information about the training (objectives, agenda, CEU info, and Dawn's bio) at the link below.

[Learn More](#)

TTN Membership News - Membership Has Its Privileges!



CONGRATULATIONS TO OUR "The Early Bird Gets the Worm"

EARLY MEMBERSHIP WINNERS!

1) Cinnamon Reiheld - Individual Professional Membership

2) Community Health Alliance - Agency Membership

Thank you for your early 2018 memberships and your ongoing support of the Tristate Trauma Network! Your memberships help keep us operating and doing the work of spreading trauma-informed care throughout the Tristate area~

***Winners received a free registration for a 1-day 2018 TTN Training up to \$100 value**

TTN MEMBERS SPOTLIGHT

**Thank you to our New Members and Renewing Members!
"Together We Are Stronger"**

1N5 (New)

Northern Kentucky Children's Advocacy Center (New)

Community Health Alliance (New)

Mindful Possibilities Training and Consulting, LLC (New)

Northwest Local School District (New)

Western Hills University High School (New)

Renewing Members

Central Clinic - Child & Family Treatment Center

Children's Home of Northern Kentucky

Community Mental Health Center, Inc.

Santa Maria Community Services

Women's Crisis Center, Inc.

Beech Acres Parenting Center

Catholic Charities Southwestern Ohio

Focus on Youth

Greater Cincinnati Behavioral Health Services

Joining Forces for Children - Mayerson Center for Safe and Healthy Children

Montgomery County Educational Service Center

Northern Kentucky Community Action Commission

St. Joseph Orphanage

Talbert House

Children's Home of Cincinnati

Butler County Education Service Center

Center for Addiction Treatment

Clermont County Board of Developmental Disabilities

Clermont County Family & Children First

Covington Catholic Charities

Glad House

Mental Health America of Northern Ky & Southwest Ohio

Child Focus, Inc.

Cincinnati Children's Hospital Medical Center -
Division of Child & Adolescent Psychiatry

Family Nurturing Center

Finding Hope Consulting

Northern Kentucky University College of Education and Human Services

Positive Leaps

St. Aloysius

Solutions Community Counseling and Recovery Centers

THANK YOU FOR YOUR SUPPORT!

**If you haven't yet renewed, there's still plenty of time. Link to membership is on our Members page. Memberships are good for the calendar year, so the sooner you renew the better!*

***Become a Member
Together We Can Make
A Difference!***



With an increased need for Trauma Education and Services, our membership is a must have for agencies and individuals. As professionals you strive to serve your client with state of the art techniques that heal and you must have a resource that can provide the education and the networking resources you need to do just that.

Our goal as an agency is to provide the education you are asking for, to become the clearinghouse you are looking for, and to serve the needs of our community. The Tristate Trauma Network unifies state, regional and local efforts in Ohio, Kentucky and Indiana relating to trauma and toxic stress. It convenes diverse sectors of the community to establish a shared understanding of the causes of trauma and toxic stress, as well as the solutions to reducing their prevalence and impact. It serves as a catalyst for collaborative efforts to prevent and address trauma, helps all voices to be heard, and engages in all sectors of the community in working together.

Find direct links to all of our agency members' websites on our [Members page](#).

2018 TTN Membership Dues and Benefits

Individual Professional Member Benefits

- *Early notification of conferences and trainings*
- *Membership pricing for TTN events (\$10-20 off up to 3 events per year = up to \$60 value)*
- *Access to Trauma-Responsive Care Certification for Individual Practitioners (must be a member to receive and maintain this certification)*
- *NEW - Exclusive Invitations to TTN Quarterly Meetings (must be member to attend in 2018)*

Individual Student Member Benefits

- *Early Notification of conferences and trainings*
- *Student membership pricing for TTN events (must be a member to receive the student discount) - receive the majority of your dues back in event savings!*
- *NEW - Exclusive Invitations to TTN Quarterly Meetings (must be member to attend in 2018)*

Silver Agency Member Benefits

- *Early notification of conference and trainings*
- *Membership discounted pricing for TTN events for up to 3 employees for up to 4 events throughout the year; doesn't have to be same 3 employees for every event (\$10-20 off per employee per event = approx \$200 in event savings)*
- *NEW - Exclusive Invitations to TTN Quarterly Meetings (must be member to attend in 2018)*
- *Access to TTN's TIC Learning Community (must be an organization member to participate)*
- *Listed on website as a Silver Organization Member with your agency logo and link to your website. Identifies to others your commitment to trauma-informed care and encourages referrals.*
- *Ability to submit Agency Events to TTN Newsletter and Website*

Gold Agency Member Benefits

- *Early notification of conferences and trainings*
- *Membership discounted pricing for up to 6 employees for up to 4 events throughout the year; doesn't have to be same 6 employees for every event (\$10-20 off per employee per event = approx. \$400 in event savings)*
- *NEW - Exclusive Invitations to TTN Quarterly Meetings (must be member to attend in 2018)*
- *Access to TTN's TIC Learning Community Consultation (must be an organization member to participate)*
- *Listed on website as a Gold Organization Member with your agency logo and link to your website. Identifies to others your commitment to trauma-informed care and encourages referrals.*
- *Ability to submit Agency Events to TTN Newsletter and Website*
- *Verbal Recognition at the 2018 Fall Conference (this is a Gold and Diamond Level only benefit)*

NEW! Diamond Agency Member Benefits

- *Early notification of conferences and trainings*
- *Membership discounted pricing for an UNLIMITED number of employees for ALL qualifying events throughout the year (TRCC Series does not allow for Member discount due to having to be a Member to participate)*
- *NEW - Exclusive Invitations to TTN Quarterly Meetings (must be member to attend in 2018)*
- *Access to TTN's TIC Learning Community Consultation (must be an organization member to participate)*
- *Listed on website as a Diamond Agency Member with your agency logo and link to your website. Identifies to others your commitment to trauma-informed care and encourages referrals.*
- *Ability to submit Agency Events to TTN Newsletter and Website*
- *Verbal Recognition at the 2018 Fall Conference*

For more information and to join follow this link: [2018 TTN Membership](#)

Website Updates Have Occurred! Be Sure to Visit the TTN Website on a Regular Basis to Keep Up with New Resources, Events, and Members!

[TTN WEBSITE](#) [ABOUT](#) [EVENTS](#) [MEMBERS](#) [RESOURCES](#) [CONTACT](#)

SIGN UP FOR EMAILS

SHARE THIS EMAIL

Tristate Trauma Network
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Funded by: [Interact for Health](#) & Your Membership Dues!

