The National Council for Behavioral Health
Seven Domains of Trauma-Informed Care

The National Council’s Seven Domains of Trauma-Informed Care model is built on the following core values and principles reflected in a trauma-informed care organization:

- **Safe, calm and secure environment with supportive care**
- **System wide understanding of trauma prevalence, impact, and trauma-informed care**
- **Cultural competence**
- **Consumer voice, choice and self-advocacy**
- **Recovery, consumer-driven and trauma specific services**
- **Healing, hopeful, honest and trusting relationships**

**Domain 1 - Early Screening and Comprehensive Assessment**
Develop and implement a respectful screening and assessment process that is routine, competently done, culturally relevant and sensitive.

**Domain 2 – Consumer Driven Care and Services**
Involve and engage people who are or have been recipients of our services to play numerous roles in our organizations and to meaningfully participate in planning, implementing and evaluating our improvement efforts.

**Domain 3 - Trauma-Informed, Educated and Responsive Workforce**
Increase the awareness, knowledge and skills of the entire workforce to deliver services that are effective, efficient, timely, respectful and person centered. Implement policies, procedures and practices that build and sustain a trauma-informed work force.

**Domain 4 - Trauma-Informed, Evidence-Based and Emerging Best Practices**
Increase awareness, knowledge and skills of the clinical workforce to deliver research informed treatment services that address effects associated with trauma and honor the core principles of trauma-informed care.

**Domain 5 - Safe and Secure Environments**
Increase the awareness, knowledge and skills of the workforce to create safe, trusting and healing environments. Examine and change policies, procedures and practices that may unintentionally cause distress and may re-traumatize those we serve.

**Domain 6 - Community Outreach and Partnership Building**
Recognize that the people we serve are part of and affected by other systems, and thus assume a leadership role in educating and engaging partners in trauma-informed care.

**Domain 7 - Ongoing Performance Improvement and Evaluation**
Ensure a system is in place to measure performance in each domain. Track, analyze and review data to address challenges and/or reinforce progress.