

The National Council for Behavioral Health Seven Domains of Trauma-Informed Care

The National Council's Seven Domains of Trauma-Informed Care model is built on the following core values and principles reflected in a trauma-informed care organization:

Safe, calm and secure environment with supportive care
System wide understanding of trauma prevalence, impact, and trauma-informed care
Cultural competence
Consumer voice, choice and self-advocacy
Recovery, consumer-driven and trauma specific services
Healing, hopeful, honest and trusting relationships

Domain 1 - Early Screening and Comprehensive Assessment

Develop and implement a respectful screening and assessment process that is routine, competently done, culturally relevant and sensitive.

Domain 2 – Consumer Driven Care and Services

Involve and engage people who are or have been recipients of our services to play numerous roles in our organizations and to meaningfully participate in planning, implementing and evaluating our improvement efforts.

Domain 3 - Trauma-Informed, Educated and Responsive Workforce

Increase the awareness, knowledge and skills of the entire workforce to deliver services that are effective, efficient, timely, respectful and person centered. Implement policies, procedures and practices that build and sustain a trauma-informed work force.

Domain 4 - Trauma-Informed, Evidence-Based and Emerging Best Practices

Increase awareness, knowledge and skills of the *clinical workforce* to deliver research informed treatment services that address effects associated with trauma and honor the core principles of trauma-informed care.

Domain 5 - Safe and Secure Environments

Increase the awareness, knowledge and skills of the workforce to create safe, trusting and healing environments. Examine and change policies, procedures and practices that may unintentionally cause distress and may re-traumatize those we serve.

Domain 6 - Community Outreach and Partnership Building

Recognize that the people we serve are part of and affected by other systems, and thus assume a leadership role in educating and engaging partners in trauma-informed care.

Domain 7 - Ongoing Performance Improvement and Evaluation

Ensure a system is in place to measure performance in each domain. Track, analyze and review data to address challenges and/or reinforce progress.