

First Name	Last Name:	Company:	Phone:	Website:	City:	State:
Carolina	Aguilar	LifeCare Counseling and Coaching	1-919-851-152	http://lifecarecc.com/	Raleigh	North Carolin
Carolina	Aguilar, Lpc, Trcc	Crossroads Counseling Group	614-954-0101	https://www.crossroadscounselinggroup.com/	Columbus	Ohio
Bethany	Allison	Catalyst Counseling, School-Based Therapist	1-513-857-240	www.catalystcounselingllc.org	Hamilton	Ohio
Kimberly	Back	DeCoach Rehabilitation Centre	513-892-4673	www.decoachrehabctr.com	Hamilton	Ohio
Neville	Buchanan	Counseling Wellness, Therapist	859-992-3126	https://neville.clientsecure.me	Cold Spring	Kentucky
Melissa	Frye, LPC	Inner Light Therapy	513-512-4215	www.innerlighttherapy.com	Cincinnati	Ohio
Janine	Harris Degitz	Restorative Practices Consultant	1-614-571-498	Self	Columbus	Ohio
Diana	Holderman	Strategies for Behavior Management	937 694 0967	see facebook site	Englewood	Ohio
Kim	Jedlikowski	Kim Jedlikowski, LPCC	513-549-6855		Cincinnati	Ohio
Beverly	Massey	ABOVE ALL THAT YOU ASK OR THINK, LLC	513-317-8640		Cincinnati	Ohio
Charlene	McDonald	Acadia Counseling	513-580-7390	acadiacounseling.com		Kentucky
Meghan	McNamara	A Lot Like Living	513-454-5168	alotlikeliving.com	Cincinnati	Ohio
Gina	Monday Hempel	DeCoach	513-942-4673	www.decoachrehabctr.com	Cincinnati	Ohio
Carmen	Rhodes	Healing All Minds	513-259-8513		Cincinnati	Ohio
Wendy	Saunders	Wendy Saunders Counseling	513-476-2777	wendysaunderscounseling.com	Cincinnati	Ohio
La Shanda	Sugg	Labors of Love Counseling and Consulting	513-294-8114	www.thelaborsoflove.com	Mason	Ohio
Amy	Sullivan	Rooted Compassion Counseling and Consulting	513-347-7338	www.rootedcompassion.com	Cincinnati	Ohio
Tracey	Tindall	Greater Dayton Behavioral Health	513-525-2865		Kettering	Ohio
Kris	Vitale	Vitale Counseling and Consulting LLC	513-881-0910	www.vitalecg.com	Cincinnati	Ohio

Population Served (age groups, cultural groups, etc.)	Insurance Accepted (if none, put N/A)
Individual (16+) couples, Hispanic population	BCBS, AETNA
Individuals (16+), couples, Hispanic population	Medical Mutual, Aetna
Children & Adolescents	United Healthcare/UMR, Caresource, Molina, Paramount, Buckeye, Medical Mutual, Cigna, Anthem
Adults, mental health and substance use	yes
All	N/A
Serving teens and older	N/A
all ages	N/A
specialize in working with individuals with autism and developmental disabilities	NA
All ages, specifically youth	N/A
Adults, Addiction, Outpatient Mental Health, Multi-Cultural. Multi-Generational, and Multi	Molina, Optum, Medicare, Medicaid
Teens, adults	KY Medicaid, Cigna Commercial, private pay
ages 14+, LGBTQIA+ affirming, working towards cultural humility	N/A
18 and older with addiction, mental health, or combined issues	Medicaid primarily
16+	N/A
adults	Caresource
Relationships including: multigenerational families, couples, business partners, teams, etc.	N/A
All cultures ages 13 and up	Custom Design Benefits, Caresource
Children, Adults, and Families	CareSource, buckeye, molina, UHC/optum, BCBS/anthem, Aetna, Cigna, Medicare, TriCare, Medical
18 years and up	Most insurance companies accepted

Any additional information you'd like those seeking your services to know									
I am a bilingual trauma informed therapist. I love to work with individuals and couples impacted by depression, anxiety, and trauma.									
I love to work with individuals and couples impacted by depression, anxiety and trauma (sexual abuse)									
TBRI Practitioner									
Mental, emotional, and spiritual wellness									
melissabfrye@innerlighttherapy.com									
Restorative Justice and Restorative Practices Consultant specializing in skills of conflict resolution, relationship building									
LPC - work with all ages									
In person office space pending as of 8/2021									
I currently provide therapy via Zoom only.									
Wherever you are on your journey, you are accepted here. We hold space for your humanity.									
Labors of Love provides culturally humble and trauma responsive therapy. All forms of relationships are welcome.									
Mutual									